

INTEGRATED SUD AND OUD BEHAVIORAL HEALTH CARE WITH MAT SUPPORT:  
NEW HAMPSHIRE WORKFORCE DEVELOPMENT

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Plymouth State University (PSU) is seeking this grant to expand the number of clinical mental health workers partnering with professionals treating Substance Abuse Disorder (SUD) and Opioid Use Disorder (OUD) in underserved areas of the state. PSU will also increase the public awareness of this integrated model of care, which has been shown to be more effective than providing SUD and OUD treatment alone, as well as public awareness of treatment resources available to families addressing SUD and OUD.

The state's rate of OUD-related overdose deaths is 39.9 percent per 100,000. That is higher than the national average of 19.8 percent and the third highest in the country.

PSU will achieve these goals by partnering with three Federally Qualified Health Centers (FQHC): Mid-State Health Center in Plymouth (Grafton County), Manchester Community Health Center in Manchester (Hillsborough County), and HealthFirst Family Care Centers in Franklin and Laconia (Merrimack and Belknap Counties, respectively). The OUD-related death rate is 26 percent or higher in all but Grafton County. However, Mid-State Health Center, located in Grafton County has a Mental Health Automatic Health Facility HPSA score of 16.

PSU has identified seven primary goals and indicators of success in its application for the HRSA-18-112 supplemental grant. Six of the goals are addressed below:

**Goals 1 and 6:** Recruit and retain students in the behavioral health pipeline with a focus on treating SUD and OUD (Goal 1) and making these efforts sustainable (Goal 6). PSU will promote the internship stipend provided by the grant. It will place students at partner FQHC and ensure they receive training through onsite supervision and on-campus seminars. The university will track the number of students recruited and evaluations of interns and internship sites.

**Goal 2:** Provide high-quality training on SUD, OUD, and MAT to students, staff, faculty, and health care professionals. PSU will collect pre- and post- evaluations of training.

**Goal 3:** Increase the number of supervisors working with SUD, OUD, and MAT at integrated care settings by expanding its annual supervision institute to FQHC partners and other recipients of the 2017 Behavioral Workforce Education and Training program. PSU will track enrollment.

**Goal 4 and 5:** Increase family support for those addressing SUD and OUD and public awareness of integrated care by creating easy-to-use flyers, brochures, and websites identifying the type and location of support services. PSU will use evidence of these new resources to measure this goal.