

Upcoming Live Webinar & Training Opportunities

June - November 2022

(Last Updated June 10, 2022)

Click the title of the training to visit the registration page for more information!

| Date | Title | Offered By | Cost | CEs/CEUs | Summary |
|-------------------------------------|--|-------------------|--|-----------------|--|
| June 10, 2022 9:00 am - 12:00 pm | <u>The Ethics of Involuntary Commitment & Implications for Forensic Evaluation</u> | NHMHCA | Member- \$55 Nonmember- \$70 Student (no CE)- \$35 Student member- \$30 | 3 CEs | This presentation will cover ethical considerations of involuntary commitment, and the Implications for forensic mental health evaluation. Workshop objectives: understanding ethical implications of involuntary commitment, philosophical foundations of suicide prevention, discussing implications of involuntary commitment for forensic mental health evaluations. |
| June 10, 2022 2:00 pm - 3:00 pm | <u>Track Your Time and Share Your Data</u> | ASCA | Members - FREE | 0.1 CE | Ever wonder how you are spending the majority of your time? Focus on using the Use-of-Time 5-day Calendar to take control of your time and share your data to advocate for your school counseling program and your students. |
| June 10, 2022 1:00 pm - 2:00 pm | <u>Supporting Clinicians and Family Members Who Care for Suicidal Patients</u> | APA | FREE | Not listed | Clinicians caring for suicidal patients and family members supporting suicidal loved ones face significant challenges. The stress clinicians and family members encounter can have a powerful effect on them and lead to anxiety, feelings of ineffectiveness, and compassion fatigue. The patients themselves, who often worry about their impact on others, struggle with anxiety and stress. During this free presentation, the speakers will explore how to support clinicians who are actively treating patients suffering with self-harm and suicidal behavior. Resources and care for family members who are supporting loved ones with suicidality will also be discussed. |

Reimbursement for the above preapproved trainings is available thanks to the [Behavioral Health Workforce Education and Training \(BHWET\) grants](#). **Reimbursement is only offered to Plymouth State University CESP students.**

To receive reimbursement you must [complete the training and send a certification of completion, a completed reimbursement form and a registration receipt to Sara Donahue at \[sdonahue1@plymouth.edu\]\(mailto:sdonahue1@plymouth.edu\)](#). If you are interested in a training not on this list, please reach out to Sara Donahue first for pre-approval.

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| June 16, 2022 2:00 pm - 3:00 pm | <u>Culturally Sensitive Social/Emotional Learning</u> | ASCA | FREE for members | Not listed | Social/emotional learning is an integral part of education and something school counselors should focus developing in their students as part of their school counseling program. “SEL can help address various forms of inequity and empower young people and adults to co-create thriving schools and contribute to safe, healthy, and just communities” (CASEL). Walk away with strategies to implement SEL interventions to support diverse students and teachers and to help you create more positive school climates in your school. |
| June 21, 2022 12:00 pm - 1:00 pm | <u>The School Counselor's Role in Supporting Transgender and Nonbinary Students</u> | ASCA | FREE for members | Not listed | In every school across this country, faculty and staff are faced with new challenges and – opportunities – to adopt and implement policies and practices that promote safe, welcoming learning environments for transgender and nonbinary students across the K–12 continuum. Research shows that transgender and nonbinary students face high levels of distress in their schools, from blatant discrimination to bullying and harassment by peers. Hear an overview of the terminology and concepts related to transgender and nonbinary identities and experiences and walk away with actionable guidance on best practices for supporting and affirming all students and navigating pushback and other challenges that may arise in your schools. |
| June 24, 2022 1:00 pm - 2:00 pm | <u>Opioid Addiction as an Attachment Disorder</u> | APA | FREE | Not listed | The origins of the opioid epidemic are often attributed to an unscrupulous pharmaceutical company. But a more useful approach to viewing addiction and its treatment is through two discrete yet interconnected lenses: the larger ecological system; including sociohistorical changes in the United States; and attachment theory, which sees substance abuse as a connection-seeking behavior. |

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| <p>June 24, 2022 2:00 pm - 5:00 pm</p> | <p><u>Why Treatment Works: Psychological and Physiological Mechanisms in the Treatment of Pediatric Mood Disorders</u></p> | <p>APA</p> | <p>Member- \$65 Nonmember- \$80</p> | <p>3 CEs</p> | <p>This presentation highlights multiple lines of research that have begun to identify psychological, neurocognitive, and immunological mechanisms of evidence-based psychosocial treatments for pediatric mood disorders, including depression and bipolar disorder. Parent and family factors (e.g., parenting efficacy, family functioning) have been implicated as critical mechanisms in psychosocial treatment for mood disorders. In addition, individual cognitive and biological processes may serve as important mechanisms. For example, executive control is impaired in adolescent depression, compromised during social stress, and linked to immune system impairment and resilience. Furthermore, stressful conditions robustly impair working memory and cognitive flexibility. Treatment protocols with broad efficacy and effectiveness commonly utilized in clinical practice may work in part by directly or indirectly targeting critical psychosocial, cognitive, and biological targets specific to pediatric mood disorders. Understanding mechanisms of treatments enable clinicians to more easily personalize interventions and optimize treatment outcomes.</p> |
| <p>July 6, 2022 1:00 pm</p> | <p><u>Psychologists Against Ageism</u></p> | <p>APA</p> | <p>FREE</p> | <p>Not listed</p> | <p>The American Psychological Association’s Committee on Aging (CONA) is partnering with the Gerontological Society of America (GSA), to drive a more productive narrative about aging and combat ageism in domains in which psychologists are active. CONA will host a psychologists against Ageism series to build upon CONA’s efforts related to Ageism broadly, observed disparities in care by age highlighted by the COVID-19 pandemic, and the recent adoption of the APA updated Resolution on Ageism as APA policy. The goals of this webinar series are to disseminate science-based information about the nature and manifestations of ageism, the problems associated with ageism, and strategies for combatting ageism throughout APA. Reducing ageism will maximize the health of the growing and increasingly diverse population of older adults and ensure that society benefits from the expertise and contributions of its older members.</p> |
| <p>July 20-21, 2022</p> | <p><u>NASP 2022 Advanced Skills Institute (ASI)</u></p> | <p>NASP</p> | <p>Member- \$259 Nonmember- \$359</p> | <p>22 CPD credits available</p> | <p>Day 1: Building Students Social-Emotional Skills in Classrooms and Schools. Topics include Equity-centered and decolonized SEL, integrating SEBL into the curriculum, building a positive and equitable school climate, and improving implementation and fidelity. Day 2: Building Students’ Social-Emotional Skills Through Direct Intervention. Topics include Interventions with aggressive adolescent girls, culturally responsive counseling, Dialectical Behavioral Therapy, building self-regulation skills, and supporting LGBTQ+ Youth.</p> |

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| <p>July 21, 2022 1:00 pm - 2:00 pm</p> | <p><u>The School Counselor's Role in State Legislation and DEI Advocacy</u></p> | <p>ASCA</p> | <p>Members - FREE</p> | <p>Not listed</p> | <p>Legislation affecting education is proposed each year at the state level. Now, more than ever, educators are seeing proposed state legislation across the country affecting diversity, equity and inclusion in our schools. School counselors are no strangers to advocating for all students within their local school buildings and district; however, advocacy for all students at the state level can be daunting. Learn why state-level advocacy is a part of the school counselors' role and what diversity, equity and inclusion advocacy can look like at the state level.</p> |
| <p>July 26, 2022 1:00 pm - 2:00 pm</p> | <p><u>College and Career Support for Students with Disabilities</u></p> | <p>ASCA</p> | <p>Members - FREE</p> | <p>Not listed</p> | <p>College- and career-readiness supports are not equitable for all students. Disparities exist for a number of students, including students with disabilities. Those gaps are even more prominent among students of color with disabilities. Learn about results from the National Longitudinal Transition Study 2012, one of the only large-scale data sets that allows for a nationwide examination of these groups during and after high school. The secondary analyses is currently being conducted and continues to show disparities in college- and career-readiness supports between students with and students without disabilities. Learn about these findings along with concrete solutions for college- and career-readiness program delivery, management and assessment.</p> |
| <p>July 28-29, 2022</p> | <p><u>ASCA U Ignite 2022: Practical Strategies for a Successful Year</u></p> | <p>ASCA</p> | <p>Members - \$99 Nonmember - \$249 **Registration Required</p> | <p>Earn up to 3.7 CEUs / 36.75 Contact Hours</p> | <p>Are you a new school counselor about to start your first job? Or perhaps you'd like a refresher in comprehensive school counseling programs? Start the year off on the right foot with ASCA U Ignite: Practical Strategies for a Successful Year. This online training includes nearly 40 hours of sessions focused on the ins and outs of building and maintaining your school counseling. Topics include:</p> <ul style="list-style-type: none"> • The Role of the School Counselor • ASCA National Model • Data 101/201 • Eliminating Racism and Bias in Schools • Classroom Management • Behavioral Threat Assessment and Management • Child Abuse and Neglect Prevention • Working with your Administrator • Suicide Prevention • Implementing LGBTQ+ Affirming Policies • The School Counselor & Mental Health • Trauma-informed Practice • Action plans, Social/Emotional Learning, and more |

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| August 3, 2022 2:00 pm - 3:00 pm | <u>ASCA Ethical Standards for School Counselors</u> | ASCA | Members - FREE | Not listed | The ASCA Ethical Standards for School Counselors specifies the obligation to the principles of ethical behavior necessary to maintain the high standards of integrity, leadership and professionalism. The ASCA Ethical Standards for School Counselors, updated in 2022, were developed in consultation with state school counseling associations, school counselor educators, school counseling state and district leaders, and school counselors across the nation to clarify the norms, values and beliefs of the profession. Learn about the updates to this document and how these updates affect your school counseling program. |
| August 9, 2022 1:00 pm - 2:00 pm | <u>Nurture a Positive Relationship with Administration</u> | ASCA | Members - FREE | Not listed | Is talking to your administration like talking to a brick wall? Do you regularly feel shut down when you try to collaborate with your principal? Are you trying to take your program to the next level but are having a hard time convincing your administration that your ideas are sound? Tear down those walls and start working effectively and positively with your administration. Hear tips and insights from administrators themselves on how best to think like an administrator, resulting in more successful interactions so you can see your vision become reality. Walk away with a blueprint of the four key elements a school counselor must employ to effectively collaborate with administration: leadership, invaluable contribution, goal orientation and allyship. |
| August 17, 2022 3:00 pm- 4:00 pm | <u>Postsecondary Opportunities for Successful Transition for Young Adults with ASD</u> | NASP | Members - \$30 Nonmember - \$\$45 | 1 CPD | The transition to adulthood is important for all student but given the invisible nature of autism spectrum disorders (ASD), it is even more important to support students with ASD during this time. While many of these students have average intellectual, academic, and language skills, many remain dependent on family members for support. By reviewing what pre-K-12 schools can do to support an effective transition, as well as the steps needed for self-advocacy and faculty development in postsecondary settings, this webinar will be one more resource in closing the transition service gap experienced by many students with ASD. |

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| <p>August 18, 2022 1:00 pm - 1:00 pm</p> | <p><u>Operationalize ASCA Student Standards</u></p> | <p>ASCA</p> | <p>Members - FREE</p> | <p>0.1 CEs</p> | <p>The ASCA Student Standards: Mindsets & Behaviors for Student Success are broad standards that identify and describe the knowledge, attitudes and skills students should be able to demonstrate as a result of a school counseling program. School counselors use the standards to assess student growth and development, create culturally sustaining strategies and activities, and build a program that helps students achieve their highest potential. To operationalize the standards, school counselors write or select measurable learning objectives aligned with specific standards, which become the foundation for classroom instruction, appraisal and advisement, and counseling activities addressing students’ developmental needs. As part of this process, school counselors also create and administer a pre-/post-assessment based on the student learning objectives and selected student standard. Learn from the author of ASCA’s new publication, “ASCA National Model Implementation Guide: ASCA Student Standards,” how to use the book and operationalize ASCA Student Standards to work for your program.</p> |
| <p>September 8, 2022 11:00 am - 12:00 pm</p> | <p><u>The Role of School Counseling and Smart College Application Lists</u></p> | <p>ASCA</p> | <p>Members - FREE</p> | <p>Not listed</p> | <p>A student’s final college application list represents many dedicated hours between a student, the student’s family and school counselor. Yet, even with all the time invested by everyone, the unfortunate reality is too many students may not complete all their college applications, may not have a viable college option to meet their needs at the end of senior year or may even withdraw or transfer in their first year if they do go to college. Hear why college lists matter to student outcomes, lessons learned in college counseling program design that led to targeted successful student outcomes and what this means to you in terms of strategies and resources</p> |
| <p>September 9, 2022 1:00 pm - 4:00 pm</p> | <p><u>Domestic Violence Risk Assessment and Risk Management</u></p> | <p>APA</p> | <p>Members - \$65 Nonmember - \$80</p> | <p>Not listed</p> | <p>Is talking to your administration like talking to a brick wall? Do you regularly feel shut down when you try to collaborate with your principal? Are you trying to take your program to the next level but are having a hard time convincing your administration that your ideas are sound? Tear down those walls and start working effectively and positively with your administration. Hear tips and insights from administrators themselves on how best to think like an administrator, resulting in more successful interactions so you can see your vision become reality. Walk away with a blueprint of the four key elements a school counselor must employ to effectively collaborate with administration: leadership, invaluable contribution, goal orientation and allyship.</p> |

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| <p>September 14, 2022 3:00 pm - 4:00 pm</p> | <p><u>True Colors Shining Bright: WAIPER Schools for LGBTQIA Youth, Staff, and Families</u></p> | <p>NASP</p> | <p>Members - \$30 Nonmember - \$45</p> | <p>Not listed</p> | <p>There are multitude of organizations and programs which promote inclusive (Gender Spectrum), welcoming (HRC Foundation), and affirming (NASP) schools for LGBTQIA+ students, but physical and psychological safety requires a more holistic approach. Welcoming, affirming, inclusive, proactive, equitable, and responsive (WAIPER) schools are needed across all grades to promote learning and mental wellness. This webinar will empower school psychologists to create WAIPER schools which recognize the need for appropriate and positive school culture, climate, curriculum, and counseling.</p> |
| <p>September 14, 2022 1:00 pm - 2:30 pm</p> | <p><u>Undoing Aloneness and the Transformation of Emotional Suffering into Flourishing with AEDP (Accelerate Experiential Dynamic Psychotherapy)</u></p> | <p>APA</p> | <p>Members - \$35 Nonmember - \$50</p> | <p>1.5 credits</p> | <p>Aloneness in the face of overwhelming emotion is the epicenter of traumatic suffering, it is what brings our patients to seek help. Undoing aloneness is key to being able to process the overwhelming emotions of trauma. Accelerated Experiential Dynamic Psychotherapy (AEDP), one of the fastest growing approaches to healing attachment trauma, has developed creative, systematic interventions for undoing the patient's aloneness, and working dyadically and experientially to heal emotional suffering. AEDP also uses metatherapeutic processing, a methodology for bringing in-session flourishing about in trauma patients: it involves micro-tracking and experiential work with transformational experiences and culminates in vitality; energy; experiences of feeling seen; cared for and loved; and the non-finite positive emotion-fueled spirals of resilience and well-being.</p> |
| <p>September 15, 2022 4:00 pm - 5:00 pm</p> | <p><u>Support Latinx Students</u></p> | <p>ASCA</p> | <p>Members - FREE</p> | <p>Not listed</p> | <p>First generation Latinx students may experience various obstacles due to the lack of resources, English language difficulties, oppression, and discrimination. As school counselors, it is important to be aware of the obstacles first-generation Latinx students face and how we can best support them.</p> |
| <p>September 21, 2022 1:00 pm - 2:00 pm</p> | <p><u>Legal and Ethical Considerations: Suicidal Risk & Information Gathering</u></p> | <p>ASCA</p> | <p>Members - FREE</p> | <p>Not listed</p> | <p>Without a doubt, school counselors want to support students who are suicidal. Any time it comes to a school counselor's attention that a child is in danger of suicide, we recognize our obligation to call parents/guardians, even if it's only a remote possibility that the student is at risk. The difficulty is not in the commitment to support students at risk; it's the use of protocols quantifying suicide. Determining suicide risk is problematic on many levels, not the least of which is the difficulty of assessing the risk. Learn about a new Suicide Risk Assessment Replacement Toolkit available to help you focus on the standard of care to protect students who present as suicidal.</p> |

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| September 29, 2022 11:00 am - 12:00 pm | <u>Help Students and Families Build a Balanced College List</u> | ASCA | FREE | Not listed | College is a match to be made, not a prize to be won, and crafting a balanced college list is essential to students' success in matching to the right college. In the complex, complicated landscape of college options, you are poised as a school counselor to support students and engage families through this process. Learn to develop and maintain a strong college list-building practice into your school counseling program so students are prepared for all the college application process entails. |
| October 6, 2022 11:00 am - 12:00 pm | <u>Implement Programming & Leverage Community Resources to Help Students Build a Balanced College List</u> | ASCA | FREE | Not listed | We know that students who enroll in colleges that are a strong match and fit are more likely to graduate. How can you implement programming in your school and/or in partnership with community organizations to help students and families build a balanced college list? Hear from a state college application campaign, a school counselor and a community-based organization to learn effective practices to engaging students and families in this important process. Learn about both short-term and long-term strategies. Building a balanced college list is the first step for student success in the college application process. Focus on ways to help students begin the application process informed and empowered with a balanced list. |
| October 12, 2022 1:00 pm - 2:30 pm | <u>The Responsive Psychotherapist: How Therapists from Different Approaches Attune to Their Clients in the Moment</u> | ACA | Members - <u>\$35</u> Nonmember - <u>\$50</u> | Not listed | This workshop highlights the ways in which therapists are responsive across different therapeutic approaches including psychodynamic, cognitive-behavioural, emotion focused, narrative, family, and integrative therapies. The discussion will illustrate how therapists' balance the needs of clients, treatment procedures and other process variables that compete for attention at any one moment in the therapy hour. Therapists' capacity to be responsive and tailor treatments to their clients' cognitive, affective, and interpersonal processes at different points in the session and across time contributes to positive therapeutic outcomes (Norcross & Lambert, 2019; Norcross & Wampold, 2019). |
| November 17, 2022 1:00 pm - 2:00 pm | <u>Serve Grieving Students</u> | ASCA | Members - FREE | Not listed | It is estimated that more than 5.6 million U.S. children are bereaved. More than 200,000 children have lost parents or caregivers to COVID-19 alone. As school counselors, how are we serving our grieving students? Dive deeper into understanding grief and all of its complications in today's world. Walk away with resources and tools to help your students on their individual grief journeys. |

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